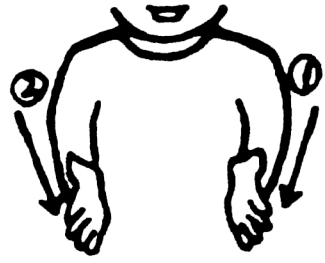


# 五根五力-定根(力)

專一心思 求正道



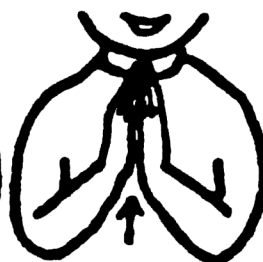
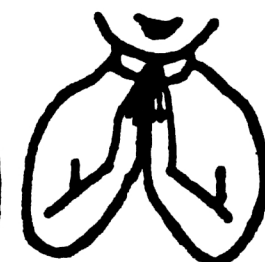
心不散亂 就是定



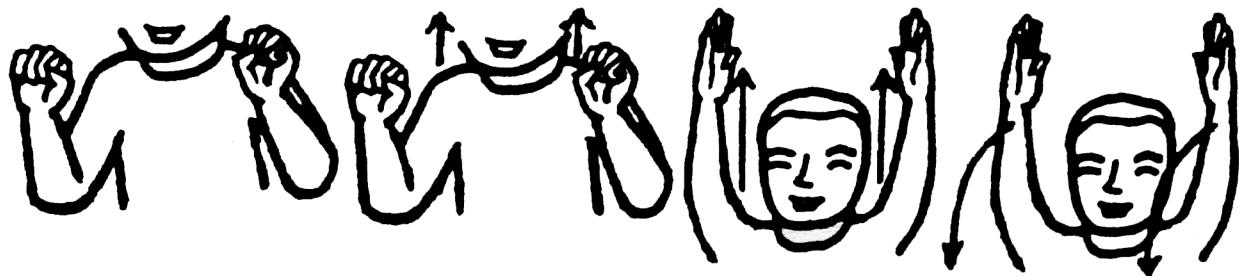
念茲行茲 戒定慧



堅固一念 初發心



挑柴 運水 無非道



行住坐臥皆是禪



若將佛法生活化



歷歷昭然 心目間

