

四念處—觀受是苦

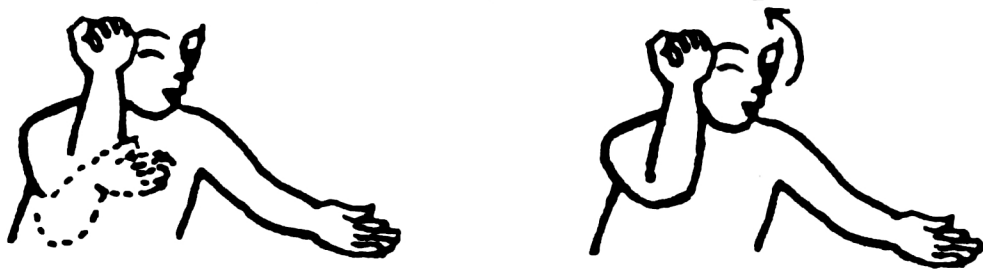
人生嘆苦苦何在



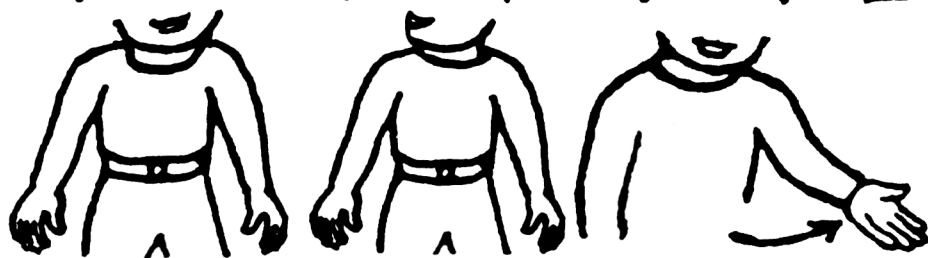
親身入苦去感受



用心來觀受是苦



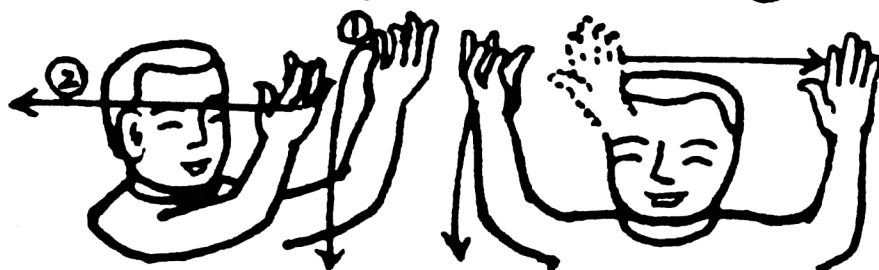
才能了解何謂苦



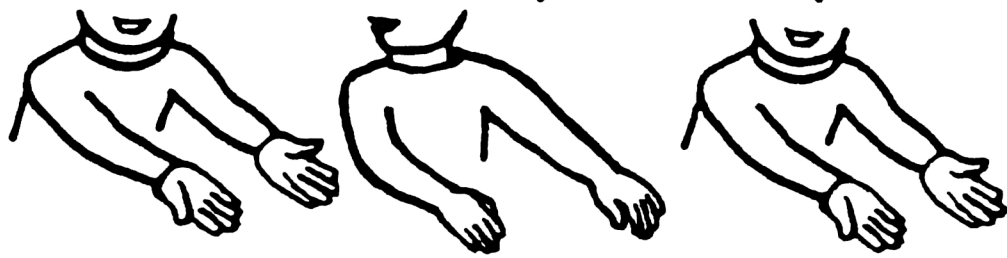
浮生如夢可成真



苦樂憂欣總是幻



情與無情同有受



無不在於感受中

